

Mountain Health Visitation

December 21, 2021

For the health and safety of our patients, visitors and staff, we ask that you abide by the following guidelines when visiting patients in the hospital:

System-Wide

- All visitors should arrive wearing a mask and continue wearing their mask during their entire visit. (Visitors must provide their own mask.)
- Visitors will be screened at the entrance using a brief series of questions and must be asymptomatic to enter.
- All visitors should wash their hands with soap and water for 20 seconds or apply hand sanitizer upon entry and departure from patient rooms and the facility.
- No visitors allowed under the age of 12. Visitors ages 12-17 must be accompanied by an adult.
- Compassionate care considerations and exceptions may be made on a case-by-case basis.
- Exceptions to visitation hours may be made for essential caregivers.

Adult Inpatient

- Adult inpatients who are admitted to a Mountain Health facility may have a maximum of two visitors total per day between the hours of 8 a.m. – 8 p.m. and during discharge instructions. Visitation will be allowed for COVID-19+ adult inpatients at least every 5 days depending upon circumstances. Please contact the hospital to arrange visitation for COVID+ adult inpatients.

Pediatrics, Pediatric Intensive Care Unit, & Neonatal Intensive Care Unit

- Pediatric, PICU and NICU patients who are admitted to Hoops Family Children's Hospital (HFCH) will be allowed a maximum of two

parents/guardians per day between the hours of 8 a.m. – 8 p.m. Two parents/guardians will be permitted to stay overnight with the patient. Additional restrictions apply to the NICU.

Labor & Delivery and Mother Baby Unit

- Labor & Delivery and post-partum patients who are admitted to a Mountain Health facility may have up to two designated support people in labor, delivery, and for the duration of the mother's hospital stay. One of these designated visitors is permitted to spend the night with the patient.
- All pregnant women coming for ultrasounds at a MHN facility will be allowed to have one person accompany them to the appointment. This person must be age 18 or older, wear a mask/face covering, be asymptomatic, and wash or sanitize their hands.

Emergency Department

- Emergency Department patients at a Mountain Health facility may have one person accompany them during their ER visit.
- Pediatric ER patients may have up to two essential caregivers (parents or guardians only) accompany them during their ER visit.

Inpatient & Outpatient Procedures

- Adult patients having an outpatient procedure at a Mountain Health facility may have one visitor accompany them into the facility and remain with them until the procedure begins. During the procedure, the visitor may wait

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Inpatient & Outpatient Procedures – Continued

- in the lobby or exit and return when the procedure is complete.
- Visitors of adult inpatients taken to a procedure off the unit will be asked to wait in the patient room during the patient's procedure.
 - Pediatric patients having a procedure at a Mountain Health facility may have up to two parents/guardians accompany them into the facility and remain with them until the procedure. During the procedure, the parents/guardians may wait in the lobby or the patient room if the patient is admitted.

Physician Offices and Clinics

- Patients at physician offices and clinics may be asked to wait in their vehicles or outside the office until their appointment. Contact your provider's office/clinic for information prior to your appointment.
- Patients may have one visitor, parent or guardian, over the age of 18, accompany them to their appointment and remain with the patient in the exam room for the entire visit.

Clergy

- Spiritual ministry for COVID-19 positive or isolated patients is through electronic communications only – not at bedside.
- Outside clergy intending to visit with a patient admitted to a Mountain Health facility must obtain a clergy ID badge. All visits must be brief in nature and, when needed, can be coordinated with the respective facility's pastoral/spiritual care department.
- Mountain Health pastoral care will provide education to visiting clergy on safe ministry and visitation practices.

Skilled Nursing and Behavioral Health Units

- SMMC Skilled Nursing has no restrictions to visitation per CMS requirements.
- No visitation for the SMMC Behavioral Health Unit at this time.

Thank you for your cooperation and understanding.



Cabell Huntington Hospital | St. Mary's Medical Center